

22nd June, 2015 FOR IMMEDIATE RELEASE First Annual NEPA Yoga Festival Montage Mountain Scranton, PA

Contact Person: Chelsea Manganaro Telephone: (570)840-3220 Email Address:nearmeyogafest@gmail.com Website: <u>www.NEPAyogafestival.com</u>

SCRANTON, PA-- Come celebrate National Yoga Month with the first annual Yoga Festival in NEPA. In addition to promoting an overall healthy lifestyle, the festival is focused on yoga. The festival will offer a diverse array of yoga instruction for every yogi – beginner to advanced level. Classes will include exploration of Vinyasa, Kundalini, Restorative, Chakra Flow, Acroyoga, Yin and much more.

Hosted by Chelsea Manganaro, owner of Nearme Yoga Studio in Moosic, PA. Nearme Yoga will be partnering with local studios to get NEPA on the map for health and wellness.

Teachers from throughout the NEPA region will hold classes all over the Montage Mountain Water Park grounds. Along with these 14 classes, there will be Live Music all day, lectures, children's activities as well as local vendors providing various goods and healthy food options rounding out the day.

The NEPA Yoga Festival at Montage Mountain is September 12, 2015 from 10a.m. to 10p.m., rain or shine.

Tickets for the festival are discounted in advance for 55 until 7/14/2015; 60 until 8/1/2015 and 65 until 9/1/2015, 69 on the day of the event and 50 for students and veterans. Children under 12 are 25.

Tickets can be purchased online at <u>www.momtn.com/yogafest</u> or at <u>www.eventbrite.com/nepayogafestivalnearme</u>.

Additional merchandise such as yoga mats, hair-bands and T-shirts are available for purchase online prior to September 12th and are to be picked up the day of or to be purchased at the festival (limited stock).

Festival Director Chelsea Manganaro says, "The Yoga community in Scranton PA is finally getting momentum, and an event like this allows us to connect with others on a broader scale. NEPA Yoga Community has so much passion and knowledge that we should be sharing with each other. That in itself is why you shouldn't miss this event."

For further information about this event please visit us at https://nepayogafest.eventbrite.com or www.facebook.com/nepayogafestival.

For further questions contact nearmeyogafestival@gmail.com or (570) 840-3220.